RIDING ETIQUETTE

Safety

- Ensure your bike is roadworthy
- Check that your lighting works
- Ride within your capabilities
- Follow the rules of the road
- It's ***your*** responsibility to decide if the weather conditions are suitable for cycling

Self-Reliance

- Carry tools and spares for simple repairs
- Ensure you are familiar with your route
- Carry a map just in case you get lost
- Carry suitable spare clothing
- Carry drink and some food

Consideration for Others

Enter the event before the closing date - usually two weeks in advance – to help the Organiser plan any catering requirements, and to warn cafés how many to expect

- Enter Permanent Events as early as possible, and please bear in mind that Perm Organisers might be away from home on a long touring holiday
- Always support commercial controls (i.e. buy something!) - we depend on their goodwill
- Show appreciation for the unpaid time and effort of the organisers and helpers
- If you fail to complete the event, sort yourself out but please pass a message to the organiser so that she/he knows not to wait unnecessarily for you

EVENTS RIDDEN AS A NON-MEMBER

All validated rides may be used to qualify for the various awards and badges listed on the website at **Results and Awards**. You may even use events ridden as a non-member but you will need to claim these by contacting the Recorder (see **Contacting Audax UK**).

You can have rides completed before you joined AUK included in your Individual Rides List by application to the Recorder; list the event name, start place and date, but note that we can only do this for events completed in the current season (Oct-Sept).

HOUSEHOLD MEMBERSHIP

Other members of a household may also join Audax UK at a reduced subscription rate. Such Household Members have all the same benefits, but we only send one copy of Arrivée to each household. Simply email ***membership@audax.uk*** to add their details to the Membership Database.

CONTACTING AUDAX UK

See **www.aukweb.net > Contact Us** to get in touch with AUK officials. Most Event Organisers have listed their contact details on the relevant event page in the Calendar or Perms list. If writing or emailing, please include "AUK" in the address or subject line.

Please remember that Audax UK is run entirely by volunteers who may be away on holiday, busy with work or family matters, or may even be out on their bikes, but we'll do our best to answer promptly.

GLOSSARY

AUK Events are cycle rides registered with Audax UK.

The AUK Calendar is the list of cycle rides registered with AUK and published in Arrivée and on the AUK website.

A Brevet can be: i) a certified ride, ii) the card carried on such a ride, or iii) the award for successful completion of such a ride.

ACP: Audax Club Parisien, the club which initiated the Brevet de Randonneur style of cycle ride.

LRM: Les Randonneurs Mondiaux is the international association of ACP representatives responsible for the administration of BRM and RM events in each member country.

BRM: Brevet de Randonneurs Mondiaux is a term registered to ACP, used to describe a cycling event of 200, 300, 400, 600 or 1,000 km and controlled through a series of time and distance checks by means of a 'brevet card'. BRM events are registered with ACP, appear in the Randonneur Mondiaux Calendar published by ACP and (when held in the UK) also appear in the AUK Calendar.

RM: Randonneur Mondiaux are events as above but registered with LRM and are 1,200 km or longer.

BR: Brevet de Randonneur describes an event registered with AUK, similar to BRM but subject only to AUK Regulations.

BP: Brevet Populaire describes an AUK event of lesser distance and/or speed than a BR.

Perms: Permanent events are BR or BP rides that are registered with AUK and can be ridden at any time by arrangement with the organiser. Perms can be pre-determined routes, or "DIYs" where you also plan the route yourself.

ECEs: Extended Calendar Events are a way of extending a Calendar Event by riding to or from the start/finish.
Randonneur: someone who has had a BR, BRM or LRM validated, and hence …

SR: Super Randonneur is one who has completed a series of 200km, 300km, 400km and 600km BR or BRM events, all within the same riding season (Oct-Sep)

HR: Hyper Randonneur, 4 x 600km BR/BRMs in one season

UR: Ultra Randonneur is someone who has completed 10 SRs in different seasons

RRTY: Randonneur Round the Year will have a validated BR or BRM ridden in each of any 12 consecutive months.

AROUND THE YEAR WITH AUK

Membership runs from January to December but the riding season, as used for awards such as the Super Randonneur, is October to September.

ORGANISING AN EVENT

We only have events that someone is prepared to put on, and many of these rides only originated when a gap in a particular area was recognized. If there aren't many events near you and you have a favourite ride that you would like to share with the rest of the long distance cycling world, have a look at **www.aukweb.net** > **Organisers** > **Organising an Event.**