

Regulations for AUK Events classified as Arrows (to be read in conjunction with Regulations for all events)

1	Arrows are calendar events of 24 hours duration for teams of cyclists. The end location and the range of acceptable start times are defined by the organiser. Start location and route to the end location are set by each team.
1.1	The Easter Arrow to York is additionally validated by ACP
1.2	Teams consist of between 3 to 5 members (tandems count as one member thus 5 tandems allows 10 riders).
1.3	Teams agree in advance with the organiser their own start location, time and control details. Routes can be circular and in any direction but must eventually head for the nominated end location. The nominated start time must be adhered to.
1.4	Different teams may not ride together. If several teams use the same starting point and route the start times for the individual teams shall be spaced at least one hour apart.
1.5	The team must ride together, and at least 3 team members must arrive at the finish for the ride to be validated. Only team members who ride the whole distance will be validated
1.6	No following cars are allowed. Teams may only meet a support car at the designated controls. No rest stop may exceed two hours.
1.7	Each team member shall obtain proof of passage at the starting point and at each designated control in the form of a stamp, ATM or till receipt
1.8	If proof of passage is not available a photo of the whole team clearly identifying the place (e.g. in front of a road sign) may be substituted.
1.9	During the 22nd hour and at the end of the 24th hour the exact time and location of the team must be noted in the brevet card and proof of passage obtained.
1.10	The team must ride until the end of the 24th hour. If proof of passage is not available at that point they must continue riding to the next available place where it may be obtained.
1.11	A minimum of 25km must be ridden between the 22nd hour control point and the finish.
1.12	Distances will be credited from the shortest distance between control points, but must be within 20% of the distance agreed with the organiser.
1.13	For validated rides by AUK members, AUK distance points are awarded at a rate of 1 point for each 100k, subject to a minimum of 360 km and maximum of 720 km. AAA points are not awarded for these rides.